

I- Read the following text then do the tasks below:

The amount of sleep human beings need varies from individual to individual. Most adults need about 8 hours of sleep a day, but this number can vary greatly. Babies need about 16 hours a day while many teenagers need an average of 9 hours. As people get older, they tend to need less sleep. Exactly how much we need depends on several factors, including our age, our daily routine, the quality of our sleep and our genetic make-up.

Some of the signs that you may need more sleep are:

You have memory problems.

You cannot concentrate at school or at work;

You are moody.

Getting enough sleep allows us to recharge our mental and physical batteries and be ready for each new day. People who have been deprived of sleep find it difficult to perform the simplest activities. For example, motorists who fall asleep at the wheel are responsible for thousands of traffic accidents every year.

How we sleep also affects us. When we fall asleep, our sleep can be deep and restful or light and shallow. Shallow sleepers wake up still feeling tired, while deep sleepers wake up refreshed.

Answer the following questions: (18 marks)

1. What are the factors that affect the amount of our sleep?
2. Why is it important to get enough sleep?
3. How are shallow sleepers different from deep sleepers?

Find words in the text which mean the following: (10 marks)

4. easily feeling gloomy for no good reason
5. give all your attention to a subject

Rewrite these sentences about the text to correct the information: (12 marks)

6. Babies usually sleep less than adults.
7. Many traffic accidents happen because of drivers who feel alert.

II- Read the following text then do the tasks below:

Antibiotics are incredibly useful and they have transformed modern medicine. However, there is a danger that we use them too much. The more we use antibiotics, the more the bacteria they fight get used to them and build up a **resistance**.

There are many reasons why this might happen. Often patients stop taking a course of antibiotics when they start to feel better but before all the bacteria have been eliminated. This means that the bacteria that **survive** are the strongest and most resistant. These resistant bacteria will multiply and spread and, in future, will not be eliminated by the same antibiotics. There is a real danger that these new "superbugs" could cause diseases that antibiotics are unable to fight.

It is very important not to overuse antibiotics in order to prevent bacteria from becoming too resistant. Try to avoid antibiotics unless **strictly** necessary and, if you are taking them, make sure you take everything prescribed and don't just stop when you feel better. You should always wash your hands, especially when you feel ill, to make sure you kill all of the resistant bacteria.

Choose the correct answer a, b or c:

(12 marks)

8. Antibiotics are useful to -----
a- cure many illnesses
b- allow bacteria to multiply
c- spread infections
9. Using the same antibiotics over and over again makes the body ----- the bacteria.
a- stronger to kill b- unable to fight
c- able to attack

Match two of the underlined words from the text to the definitions/meanings below:

(12 marks)

10. the ability to stop something from harming you
11. continue to live or exist

Complete the following sentences with information from the text: (12 marks)

12. Patients who start to feel better while taking antibiotics shouldn't
13. Cleaning the hands helps people to

(انتبه إلى رقم السؤال بحيث يتطابق مع رقم الجواب ولا تنقل صيغة السؤال إلى ورقة الإجابة)

III- Complete the following paragraph by filling in the gaps: (18 marks)

14. The law related to computer crime ----- changing
15. very quickly. ----- recent years, computer crime
16. has increased ----- the number of people using
the Internet has grown.

IV- Fill in the spaces with words from the list. Use each word once only: (24 marks)

lessons, successful, youngest, nothing, knew

17. Marie's mother died when her ----- daughter was
18. only ten. From then on, Marie ----- that she
19. would have to work hard at her ----- if she
20. wanted to be ----- in her life.

V- Complete the following dialogue by writing suitable questions or answers. Write at least three words for each question: (32 marks)

21. Ruba: ?
Khaled: Animals migrate to find food or to raise their young.
22. Ruba: ?
Khaled: They often migrate twice a year.
23. Ruba: ?
Khaled: They usually travel to warmer places.
Ruba: How can we protect animals?
24. Khaled:

VI- Rewrite the following sentences as required in brackets: (32 marks)

25. Many women don't make their dresses themselves.
(use the causative verb 'have')
26. Human activities have destroyed the natural environment.
(make passive voice)
27. " Have you tasted Indian food?"
(report using "She asked him")
28. I can't play the piano.
(use "I wish".....)

VII- Complete the following sentences using clauses: (14 marks)

29. If you want to succeed in your job,
30. I broke my glasses, so

VIII- Choose the correct words in brackets: (18 marks)

31. Many (recycling, recycle) factories were built in our town.
32. When I was twelve, I (did, made) the decision not to eat any more fast food.
33. This man has three villas. He (can't be, must be) rich.

IX- Correct the verbs in brackets: (18 marks)

34. My father retired after he (finish) the project.
35. Hassan (write) an essay all morning. He is very tired now.
36. When Sami graduates, he (travel) to London.

X- Translation:
Translate the following sentence into Arabic: (10 marks)

37. Virtual reality allows people to live, work and interact with others in an electronic world.

Translate the following sentence into English: (8 marks)

38. - دفع السائق غرامة لمخالفته القانون.

XI- Composition: (50 marks)
Write a composition of no less than 80 words on the following topic:

" Water shortage, suggesting ways of consuming less water. "